

1 (400m Schwimmen; 13 km Radfahren; 4000m Laufen) am 19.08.2017

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Ak	Swim		Bike		Run		Endzeit	
1	51	Kanabaj, Daniel	2017	74	M40	1	11:06	4	29:33	1	15:10	1	55:49
2	55	Schinnenburg, Paul Louis	2017	00	M16	1	10:10	1	30:23	2	16:09	2	56:42
3	39	Willicke, Peter	2017	76	M40	2	10:52	2	30:38	3	18:25	9	59:55
4	18	Jaek, Knut	2017	76	M40	3	11:26	6	31:33	6	17:15	5	1:00:14
5	16	Rose, Karl-Heinz	2017	54	M60	1	12:12	9	31:31	5	16:37	3	1:00:20
6	36	Borrmann, Franziska	2017	74	W40	1	11:00	3	31:19	4	18:21	7	1:00:40
7	7	Golm, Burkhard	2017	65	M50	1	11:17	5	31:36	7	17:49	6	1:00:42
8	32	Frommer, Götz	2017	66	M50	2	12:26	10	31:59	8	18:49	10	1:03:14
9	47	Kosmehl, Anne	2017	80	W35	1	11:33	7	36:16	13	16:48	4	1:04:37
10	38	Frommer, Verena	2017	04	W12	1	11:57	8	34:53	11	18:24	8	1:05:14
11	46	Hettisch, Christopher	2017	77	M40	4	14:04	12	33:23	10	19:33	11	1:07:00
12	40	Urban, Bert	2017	69	M45	1	14:12	13	32:25	9	24:08	14	1:10:45
13	53	Glase, Rene	2017	69	M45	2	13:59	11	35:35	12	23:36	13	1:13:10
14	48	Lutomski, Martin	2017	70	M45	3	15:00	14	37:54	14	22:37	12	1:15:31